

YOUNG CAREERS SUPPORT UPDATE

We are here for telephone support and social distanced walks. Please get in contact, we're in this together.

Call the hub on **0115 824 8824** to be put in contact with your support worker.

OPPORTUNITIES



An online home for kids with lots of interesting things to do, watch and listen to. And also some signposts to extra support if you need it. They regularly update The Hive so there will always be something new to see.

<https://www.honeypot.org.uk/>

If you were on the space group last week we had some cool telescope images
Here is the link to see them if you missed it!

<https://hubblesite.org/images/gallery>

Also here are some links for Space Store who ran the group -they have some great stuff on!

<https://www.youtube.com/channel/UC2Y8B00KggnDq7wtaOfFuJw>

<https://www.youtube.com/watch?v=UfYAiWXLHIk&list=UU2Y8B00KggnDq7wtaOfFuJw&index=31>



For Parents

We held a **Zoom** group especially for you at the start of the first lockdown and we would like to offer it again.

We can offer support, advice, or just a general chit chat...

Please just drop a message to your child's support worker to show your interest and we can chose a day and time that suits you.

ONLINE GROUPS

Connecting Carers is back!

This means more days and times offered and lots of different choices of activities!



The zoom links for next week are on your email
We will send them again closer to the time as well ☺

We're looking forward to seeing you there!!

From the
Young Carers Team

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TuVida is formerly known as Carers Trust East Midlands. We are a Carers Trust Network Partner.



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